Hop tu naa - Hollantide Dance

Sets of two couples form a long procession. Each couple holds inside hands.

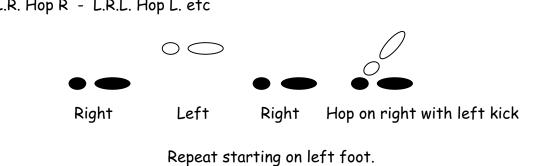
Running Step [RS]

Short steps executed on the ball of the foot, with the feet kept close to the ground.

Manx Reel Step [MRS]

- 1 Manx Reel Step occupies 4 beats.
- 3 running steps keeping the feet close to the ground and a hop on the 4th beat swinging the free foot across in front of the ankle with a slight inward 'kick'.

R.L.R. Hop R - L.R.L. Hop L. etc



Dance \times 8 to instrumental melody **CD04** - Wait for the introduction! Or to the song **CD01**.

Music	Bars	Instructions	Steps
Α	1-8	All dance forward	4 MRS
B1	9-10	Keeping hands joined, 1 st couple make an arch and dance backwards, while 2 nd couple dance forward under the arch	4 RS
B2	11-12	Repeat B1, this time 2 nd couple (now in front) make arch and dance backwards as 1 st couple dance under	4 RS
В3	13-14	Repeat B1	4 RS
B4	15-16	2 nd couple release hands and cast around behind 1 st couple to 2 nd place, while 1 st couple dance forward REPEAT	4 RS

Adapted from Rinkaghyn Vannin and IOM Department of Education Dance pack.

Hop tu naa Dance G & Song Lively Α G D 0 0 0 0 Violin2 D Whistle G D INTRODUCTION A 2 2 0 2 1 2 2 1 B1B2A D 2 2 0 3 0 0 2 2 2 2 5 3 B3B4 D A 2 0 3 2 2 0 1 0 0 0

Ta shenn Oie Houney, Hop-tu-Naa! T'an eayst soilshean, Trol-la-laa! [Repeat] Hop-tu-Naa as Trol-la-laa, Ta shenn Oie Houney, Hop-tu-Naa! [Repeat]

2

1

2

3

5

6

Translation:

2

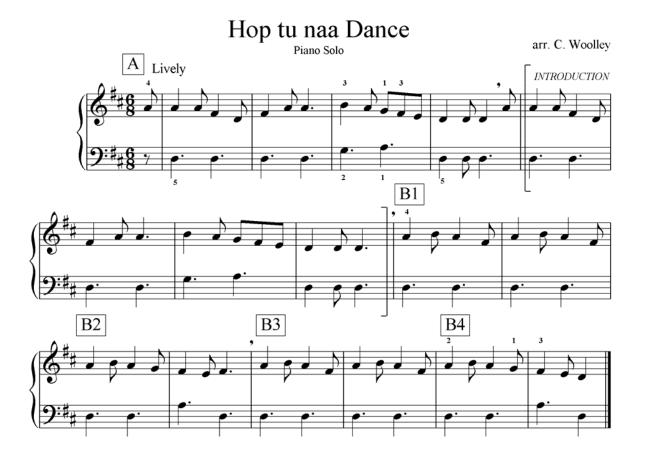
1

2

1

'Tis Hollandtide Night, Hop-tu-Naa! The moon shines bright, Trol-la-laa! [Repeat] Hop-tu-Naa and Trol-la-laa, 'Tis Hollandtide Night, Hop-tu-Naa! [Repeat]

This melody can be played on instruments with guitar and/or piano accompaniment [CD04 - Kirsty & Katie Lawrence], or sung with the featured words [CD01 - The Mollag Band]. Both versions are suitable for accompanying the Manx dance, 'Hop tu naa'.



Hop tu naa Dance

